

October Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
3 - 7	Quesadillas, Spanish rice w/corn, fruit V	Pierogies, sausage, peas, fruit	Cheese lasagna rollups, salad, fruit V	Pizza, veggies, Fruit V	NO SCHOOL
10 - 14	Potato & cheese egg casserole, fresh bell pepper slices, fruit V	Chili w/ground beef, cornbread, fruit	Mac & cheese, baked beans, carrots, fruit V	Baked pasta w/meatballs, steamed mixed veggies, fruit	Pizza, sliced veggies, fruit V
17 - 21	Chicken nuggets, French fries, fresh veggies, fruit	Curried lentils, rice, peas, fruit V	Pork tenderloin roast, roasted veggies, buttered bread, fruit	Chicken noodle soup, crackers, fruit	Pizza, sliced veggies, fruit V
24 - 28	Cheese tortellini, pesto, salad, fruit V	Teriyaki chicken, stir-fried vegetables, rice, fruit	Pizza, sliced veggies, fruit V	NO SCHOOL	NO SCHOOL
31	Tomato soup, grilled cheese, sliced veggies, fruit V				

V = Vegetarian